

**See whats growinG on our website!**

**macdonaldceres.weebly.com**

# **C.E.R.E.S.**

## [The](http://macdonaldceres.weebly.com/energy-efficiency.html) **Zero Waste Project**

### …help **SAVE** the lives of countless animals who die due to waste pollution…

**Join us** as we promote a zero-waste culture in Laird Hall and Mac campus…

 We will reduce the amount of compostable and recyclable material in Laird Hall waste by improving waste diversion…

 By promoting a zero-waste culture we will **contribute to improving sustainability at McGill and help save lives of animals on our planet**!

## **HOW CAN YOU JOIN US OR LEARN MORE?**

 Come to our ***meetings***…

* ***Eco-niche***, beside the piano room, Centennial Centre

 Visit our ***website***, visit our ***Facebook page*** contact our ***project coordinators***…

* *macdonaldceres.weebly.com*
* *facebook.com/ceresmcgillmacdonald*

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### What is c.e.r.e.s.?

We are the **Mac Environmental Club**, dedicated to solving the environmental crisis, starting with our campus. We meet once a week and collaborate with other clubs on campus for our events. **C.E.R.E.S. has many projects**, and we are always open to new ones!





## [The](http://macdonaldceres.weebly.com/energy-efficiency.html) **Worker’s Rights Campaign**

### …share your **VOICE** in our Campaign to improve the lives of planatation workers…

**Join us** as we speak out against the poor working conditions of Guatemalan plantation workers and the slavery of factory workers across the globe…

 We will be advocates by ***forming sustainable purchasing policies, using fair trade and organic sources and teaching others***!

## [The](http://macdonaldceres.weebly.com/energy-efficiency.html) **Energy Project**

### …be a **spark** in our movement towards energy efficiency…

**Join us** as we tackle the energy crisis, starting right here in downtown Montreal…

We will meet with local GMOs, businesses and corporations and help them to analyze their energy consumption using a software program designed right here on Mac campus…

 Using this information, we will ***show them ways they can reduce their energy consumption and improve their energy efficiency***!

#### splendors of italy

From the leaning tower at Pisa to the Vatican in Rome, you’ll see the greatest sights in Italy. You’ll visit Florence, Rome, Psa, and villages in the Italian countryside. You’ll even get a primer in the Italian language from a world-renowned linguist. Plus, you’ll visit a cooking school for a lesson on how to make real Italian lasagna! Salute! Priced from $800 per person.

#### AROUND THE WORLD IN 30 days

Fly from North America to South America, where you’ll visit the beautiful beaches of Brazil. Then it’s off to Africa where you’ll get a taste of the exotic magic of Morocco before heading off to Egypt to see the ancient and mysterious pyramids at Giza. Visit ancient sites in Turkey and Greece, and then be on your way to the romantic streets of Paris. Then, taste the nightlife in London. After a stop in Finland, you’ll be whisked off to Japan and India, and then you’ll make a final stop in Australia to experience the Great Barrier Reef. Whew!

All of your expenses, including airfare from New York, are included in this incredible package, priced from $8,000 per person.

#### Russian experience

Explore the best of Russia, place of cultural and historical beauty. You’ll tour Moscow and St. Petersburg and see for yourself places like Red Square, the Kremlin, Moscow University, and more. Learn about the history and the people that make up this remarkable place. Priced from $1,500 per person (does not include airfare).

Traveling with Adventure Works was the best thing I ever did for myself. They took care of all the details, and I had all the fun! It was an experience I’ll always treasure. Thank you Adventure Works! – Carol Philips, Adventure Works client

#### Custom packages

Can’t find a package to suit your needs? Let us create a custom package for you. Tell us where you want to go, how many days and nights you want to spend on your trip, and what kinds of tours and sightseeing you’re most interested in. We’ll create a package with your own tour guides and everything! Prices vary. Group rates are available. Call us for more information!



## [The](http://macdonaldceres.weebly.com/energy-efficiency.html) **Schools Outreach Project**

### …**Inspire** young children as you teach about the wonders of nature…

**Join us** as we spread words of encouragement to environmental changes in elementary schools…

 We will teach elementary school children about nature, the environment and health through the life cycle of monarch butterflies…

 Teaching these children will ***inspire the next generation of environmentalists***!

## [The](http://macdonaldceres.weebly.com/energy-efficiency.html) **Plants Project**

### …**spRout** some inspiration in our effort to increase biodiversity…

**Join us** in our conservation efforts as we strive to increase local biodiversity…

 We will plant native plant species in areas of Sainte-Anne-de-Bellevue and Macdonald Campus…

 Planting these species will ***attract several types of pollinators including bees, butterflies and hummingbirds***!